

MY ALTER EGO

NEWSLETTER



By Nathalie Edwards
www.nathalieedwards011.com

THIS ISSUE!

- **POEM BY KERRY FINDLAY**
- **INTRO TO ME**
- **TIPS FOR WRITING**
- **EVENTS**
- **FEATURED BOOK**

intro to me - Nathalie Edwards

Welcome to the first issue of my newsletter!

Writing can be powerful in whatever form speaks to you, and so as an author to me this is just another fabulous form to share my thoughts and express myself creatively. Poke fun at the funny things in life, inspire and uplift others. The world may feel fucked, but there is still beauty and kindness. If you are not into all of the above this newsletter is not for you. I want to create a space to highlight what brings a laugh and talent. To quote a fabulous actress "Kate McKinnon in *The Roses* "If you need a shoulder or inner thigh to lean on." That's what this newsletter is for!

Events:

I don't have any book related events to share but as I am also an artist, I will share that an amazing ciderhouse in Errington, BC has offered to host artists on a monthly basis and help support that community out. I feel that deserves a shout out! Swayne Creek Ciderhouse personally installed a hanging system for the artists while doing their renovations over the winter and spring. And they host a new artist each month. I will be there in July. Their ciders and juices are spectacular, their location is set on a beautiful property and each day they are open there is a different food truck to supply delicious treats while you enjoy a glass or two. [Swayne Creek Ciderhouse](http://SwayneCreekCiderhouse) check them out.

Poem by Kerry Findlay ✍

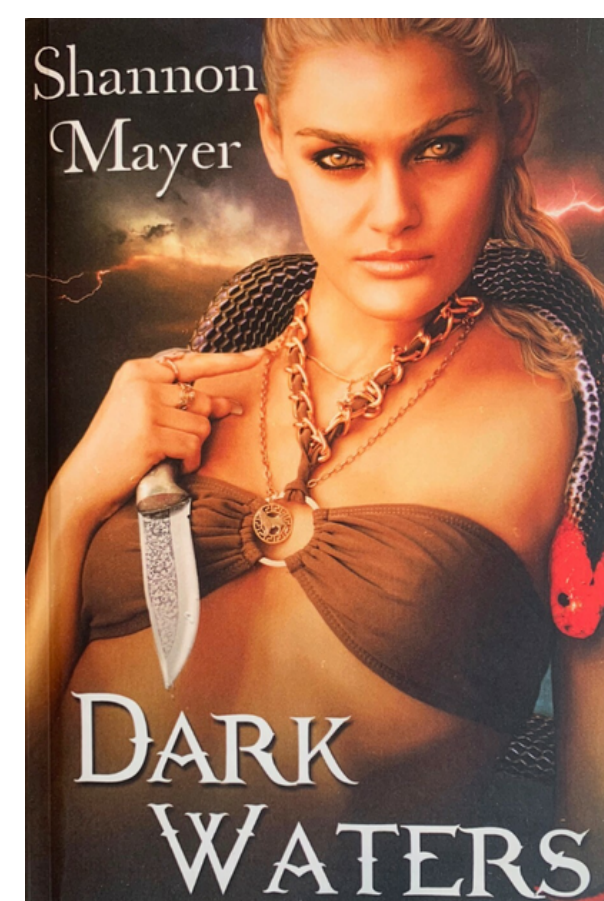
WONDERLAND
Tickets Please.
Step Up to the Gate.
Must Be This Age to Enter.
There's No Time to Wait.
On A Roll of 65
Another Day.
Another Play
At Life's Bemusement Park.
Where Perplexity Reigns
In Carnival Games
That Boggle the Mind
Puts a Strain on the Brain.
Of What's and Why's
Find the Answers to Life
In Only 3 Tries.
A Coaster of Emotions
Rolling Up. Up. Up.
Rolling Down. Down. Down.
Keep the Cart on the Rails.
Keep Your Feet on the Ground.
Hot Head. Cold Hands.
Unapologetic Sighs.
"It's Your Turn Now M'am
Beat those Hormones. Win a Prize!"
Round and Round We Go.
Same Horse.Different Day.
Disillusioned by the Funny Mirror.
The Reflection Looking Back.
This Can't Be Any Clearer.
A Distorted Image Right on Track.
Lines Have Been Drawn.
Spots Dark and Shady.
A Stranger in Our Midst.
Beware the Bearded Lady!
Big Sigh.
Wars Settling Scores.
Rising Seas.Rising Fees.
Soaring Temps Taking Trees.
Homeless Debate.Gender Based Hate.
Clowns to the Right.Jokers to the Left.
Pop.Pop.Pop.
Grab a Mallet. Make Them Stop!
Deep Fried Issues Taking Their Toll.
Solutions Seem Impossible.
It's Real Life Whack A Mole.
Tilt.Twirl.Teacups Turning.
Transgressions Repeat.
When Did We Stop Learning?
From Mistakes
Like Bumper Cars
Bumping With Aimless Direction.
Getting Hit On All 4 Sides.
World Reaction is Instant Vexation.
Surrounded.Subjected.Surrender.
Big Sigh.
What To Do?
Life on the Midway Will Carry On.
Console Yourself, Friend, Within a Song:
"Bewitched, Bothered and Bewildered"
The Elder Years " Name That Tune".
Resign to the Mysteries of Life.
Stay Aware but Come Back Soon.
Stash Your Fears In a Beanbag.
Give Them a Winning Toss.
Sigh Without Apology.
Then Find Solace
With Some Candy Floss.

It's Only Fair.

Tips For Writing

For me writing is all about writing about something that is interesting to me. Once I have my storyline in mind, and I have my characters established, I just start writing. This method means that I will go back about three times to add details and fill in some gaps. Ensure my timeline still works. When a thought pops up I write it at the bottom and just erase as I go along. I fix and tweak along the way each time I review and edit the book. A title usually comes to me last. I am not a professional by any means, but this is what has worked for me so far.

FEATURED BOOK



LOCAL AND FABULOUS

I really enjoyed this book. It didn't hurt that there were hot love interests and it set on Vancouver Island. Mainly Tofino and Cameron Lake. Some mention of Cathedral Grove. The story is weird but an interesting weird and I liked it. I spend a night or two binge reading just because I was caught up in it the love triangle.